DECEMBER 2022

Volume 5 Issue 12

Breastfeeding Buzz



St. Dominic Jackson Memorial Hospital Designated Baby-Friendly

Congratulations to St. Dominic Jackson Memorial Hospital on its official designation as a Baby-Friendly Hospital. The announcement took place November 1, 2022 although the hospital began its journey down the Baby-Friendly designation pathway in 2017. The Baby-Friendly Hospital Initiative is a global program to encourage broad scale implementation of the *Ten Steps to Successful Breastfeeding and the International Code of Marketing of Breast-milk Substitutes.* The BFHI works with hospitals in providing mothers the information, confidence, and skills needed to successfully initiate and continue breastfeeding their babies and provides special recognition to hospitals that already have. For patients that have a medical condition or have made an informed decision to use formula, the safe preparation and feeding of formula is given to mothers. Mississippi has 26 Baby-Friendly hospitals. Valerie Harris, LPN, CLC serves as the Baby-Friendly Lead for St. Dominic and stated, "Our journey to designation began in 2017 and was filled with trials, tears and unusual world events, but our dedicated staff continued to engage our moms in education toward breastfeeding. It has been a win-win for moms and nursing staff." She specifically noted that her favorite change since the beginning of the Baby-Friendly journey has been the skin-to-skin time between moms and babies. St. Dominic joins other hospitals with the Baby-Friendly designation in the Jackson metro area including: Merit Health River Daks, Merit Health Woman's Hospital, Mississippi Baptist Medical Center, and University of Mississippi Medical Center.

Free Education

December 5

1:00 p.m. – 2:00 p.m. Medela Webinar: Antenatal Milk Expression: State of Science. Register at https://www.medela.us/mbus/for-professionals/Education/Programs/Detail/842

December 6

2:00 p.m. – 3:30 p.m. California Breastfeeding Coalition Webinar: Community Milk Sharing: What You Need to Know About Giving and Receiving Liquid Gold. Register at https://cabf.link/CommMilkSharing

December 14

7:30 a.m. – 9:30 a.m. School of Public Health University of Albany State University of New York Webinar: Breastfeeding Grand Rounds; Addressing Racial/Ethnic Disparities in Breastfeeding Through Community and Hospital-Based Approaches. Register at http://ualbany-sph.informz.net/ualbany-sph/event.asp?eid=809C0211-6B0B-406C-9B98-08F0103CE312

December 20

Available on Demand. Great Lakes Breastfeeding Webinar: Birth Workers Serving Birth Workers as We Serve Families. Register at https://mibreastfeeding.org/webinars/

Breastfeeding Classes

• Peer counselors are available to provide individual breastfeeding classes at all **WIC** clinics.

Breastfeeding Support



WIC's Breastfeeding Program 601-981-2304 **Mississippi Lactation Services**, Dr. Christina Glick, M.D. 601-932-6455

The Infant Risk Center 806 352-2519 Dr. Thomas Hale's helpline for medications information

Merit Health Woman's Hospital Lactation Center 601-933-6180 or 601-933-6493

Mississippi Breastfeeding Cnalition

• Meeting December 15, 2022 at 12:00 p.m. noon. Please join via Zoom.

https://us06web.zoom.us/j/81386745 568?pwd=STVGYUdGZGZyYOxSQTc5WGp HQiNFQT09

Password: 812721

