

APRIL
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Breastfeeding Buzz



Mom.ME. Presents Black Maternal Health Conference

In celebration of Black Maternal Health Week 2023 (#BMHW23), Mom.ME. is having the Black Maternal Health Conference with the theme, "Our Bodies Belong to Us: Restoring Black Autonomy and Joy!" The conference will take place Thursday, April 13, 2023 at 9:00 a.m. through Friday, April 14, 2023 at 4:00 p.m. in Two Mississippi Museums at 222 North St., #1206, Jackson, MS 39201. Mom.ME. is holding the conference in partnership with the Mississippi Breastfeeding Coalition (MSBFC), Jackson Safer Childbirth Experience, Mississippi Public Health Institute (MPHI), and Mississippi Perinatal Quality Collaborative (MSPQC). Midday Thursday, a screening of the PBS film, *Birthing Justice: Every Woman Deserves A Beautiful Birth Story* will take place with panelists Michelle Owens, M.D. and Lorenza Quiroz, a community leader. The film places Black women at the center of the fight to fix the battleground that can happen simply when they give birth. In addition, Cassandra Welchlin, Executive Director of Mississippi Black Women's Roundtable, will discuss, "Senate Bill 2212: The State of Maternal Healthcare Moving Forward." Gladys Peters, from the Mississippi Department of Health, will speak on, "The Data-Health disparities within the black and brown communities." Last year, over 700 persons attended the Hybrid Black Maternal Health Conference hosted by Mom.ME. Black Maternal Health Week is a week-long campaign Black Mamas Matter Alliance founded to build awareness, activism, and community-building to increase the voices, perspectives, and lived experiences of Black Mamas and birthing people. Mom.ME.'s goal is to allow mothers to become their best possible selves. Ultimately, this will improve the overall functionality of the entire structure. Mom.ME. stresses that the first priority is taking care of themselves, the moms. To register, visit: <https://www.momme.rocks/event-details/>.

Free Education

April 2

7:00 p.m. – 8:15 p.m. IABLE Clinic Case Discussion Webinar: A Case of Nipple Pain During Lactation Due to Vasospasm! Register at <https://lacted.org/shop/case202304/>

April 3

11:00 a.m. – 12:00 p.m. & 5:00 p.m. – 6:00 p.m. GOLD Lactation Online Conference Opening Keynote Presentation: Calm & Regulated: Rethinking Our Approach to Latch and Positioning. Register at <https://www.goldlactation.com/conference/speakers/keynote-presentation>

April 11

12:00 p.m. NACCHO Webinar: Every Step of the Way through the 1,000 Days: Breastfeeding Champions as Community Changemakers. Register at <https://bit.ly/CoCWebinar7>
2:30 p.m. – 3:30 p.m. IEBFC Monthly Check-In: Register at <https://www.eventbrite.com/e/monthly-check-in-tickets-492773447647>

April 18

Available on Demand. Great Lakes Breastfeeding Webinar: Supporting Birthing Folks Who Have Been Incarcerated. Register at <https://mibreastfeeding.org/webinars/>

April 19

1:00 – 2:00 p.m. Medela Webinar: The Role of Antenatal Screening and Postnatal Point-of-Care Testing in Maximizing Milk Production and Extending Lactation. Register at <https://www.medela.us/mbus/professionals/Education/Programs/Detail/850>

Breastfeeding Classes

- Peer counselors are available to provide breastfeeding classes at all WIC clinics.

Breastfeeding Support

WIC's Breastfeeding Program 601-981-2304
Mississippi Lactation Services, Dr. Christina Glick, M.D.
601-932-6455
The Infant Risk Center 806 352-2519 Dr. Thomas Hale's
helpline for medications information
Merit Health Woman's Hospital Lactation Center 601-933-6180 or 601-933-6493

Mississippi Breastfeeding Coalition

- Meeting April 20, 2023 at 12:00 p.m. noon. Please join via Zoom. <https://us06web.zoom.us/j/81220673837?pwd=QEs4bXgrRzIWTnU4RDdNaVR0bUt5UT09>
Password: 967203

BE THE REASON
SOMEONE FEELS
WELCOMED, SEEN,
HEARD, VALUED,
AND LOVED.